

Royal Oak the home of Team Rehab's newest clinic

On November 16th, Team Rehab opened a new clinic in Royal Oak. The clinic is located at 4245 W. 14 Mile Rd, just east of Woodward Ave (behind Cottage Pizza). The beautiful and spacious clinic is conveniently located about a mile north of Beaumont Hospital.



Steve Scher, MSPT, ATC, CSCS, PES, is the clinic director and lead Physical Therapist. Steve spent seven years as a team leader at Henry Ford hospital and three years in a private physicians group before joining Team Rehab in 2007. Sarah Case, PT, MPT, CSCS, recently joined the Royal Oak team.



Steve Scher, MSPT, ATC, CSCS



Julie & LeSeanda

Steve is supported by his staff members, Julie Nowicki (Admissions) and LeSeanda Stephens (Aide). Together they make a great team that is ready to serve your physical therapy needs. *(The clinic was originally going to be located nearby in Southfield as noted in last newsletter).*

Busy Birmingham woman finds relief for neck and shoulder pain

Staying active is a way of life for Carolyn Darling. During the school year she works for the local school's latchkey program, and during the summer she works her gardening business. So, when she starting suffering with pain and stiffness in her neck she decided to visit her doctor. Her doctor prescribed physical therapy and also scheduled an MRI. The doctor's staff referred her to Team Rehabilitation's clinic in Farmington Hills. There, she was evaluated by Doug Creighton, DPT. Doug suggested that she



also have her shoulder checked when she got her MRI. That proved to be good advice because it revealed she had a torn rotator cuff. She had shoulder surgery after the following school year and was prescribed PT. She decided to try a Physical Therapy clinic that was closer to her home. However, she was not happy. The clinic could only offer early morning appointments and her treatments were nothing like she experienced at Team Rehab. She decided to return to Team Rehab and was very happy she did. She said, "I was amazed at what Team Rehab could do." She thought Doug was very competent and that the whole staff was caring and efficient. They were also able to set her appointments that worked with her schedule.